

# Disability Power Day

**Disability Power Day is FREE**

**Delicious Lunch**

**Sign up for the series, a day, or just a session**

**Contact ACT's Agency**

**Coordinator to sign up or visit ACT's Website:**

**selfadvocacy.org**

**Patrick Mitchell**

**651-641-0297**

**pmitchell@selfadvocacy.org**

**2nd Friday of the Month**

**10am-2pm**

**@ St. George Greek Orthodox Church**

**1111 Summit Ave  
St Paul, MN 55105**



Are you interested in:

- Connecting with others
- Learning about your rights and issues that affect your life
- Learning new self-advocacy skills
- Having fun!
- Building your group



Disability Power Day brings people together around a common cause featuring a morning session, a social lunch, and an afternoon activity.

**Upcoming Power Days: 2/9, 3/9, 4/13**

**CALL TO SIGN UP 651-641-0297**

## Registration Form: Disability Power Day

Yes, I'd like to attend the next Disability Power Day

- I will attend both the morning, lunch, and afternoon sessions
- I will attend the morning session and the lunch sessions
- I will attend the lunch and afternoon sessions

I would like to sign up for all the winter/spring days (2/9, 3/9, 4/13)

Name & Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Any Allergies? \_\_\_\_\_

Email: \_\_\_\_\_

Return this portion to: Patrick Mitchell, ACT  
1821 University Ave W  
STE 306-S  
St. Paul, MN 55401

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