ACT’S PROGRAMS

ACT creates leaders through hands-on participatory workshops and community action projects

Get Involved Today!

★ Olmstead Academy
★ Self Advocates Minnesota (SAM)
★ Disability Power Day
★ Side-by-Side People’s Chorus
★ Disability Equality Training Series
★ MN State Self-Advocacy Conference

DISABILITY POWER DAY
★ Monthly self-advocacy celebration

THE SIDE BY SIDE PEOPLE’S CHORUS
★ Sing song about pride and power, make friends and eat food!

DISABILITY EQUALITY TRAINING SERIES (DETS)
★ Lead trainings to your own group using tested workshops

Visit our Website www.selfadvocacy.org
Or Call (651)641-0297 to learn more

ACT CENTER for DISABILITY LEADERSHIP

ON INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

★ Empowering People with Disabilities to Stand Up for Themselves
★ Supporting People to Become Leaders in Disability Rights
★ Working Together to Build Better Communities

Call (651)641-0297 to learn more
WHAT DOES ACT DO?

ACT empowers people to take control over their lives by building:

★ **Personal Empowerment**
   Assert your rights

★ **Disability Awareness**
   challenge barriers to full inclusion

★ **Systems Change**
   Generate action on disability issues

SELF-ADVOCATES MINNESOTA (SAM)

A statewide network of self-advocacy groups.

Self-Advocates Minnesota (SAM)

Last year SAM groups led **120 self-advocacy training sessions**

SAM’s training sessions reached **4,123 people** across the state

48 self-advocates from 6 regions participated in leadership circle meetings

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OLMSTEAD ACADEMY

The Academy is 12 months long, combining classroom learning with projects out in the community.

★ Each team learns about Disability Rights and community organizing

★ Projects have addressed important issues including:

  - Transportation
  - Employment
  - Support Services
  - Housing
  - Guardians

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