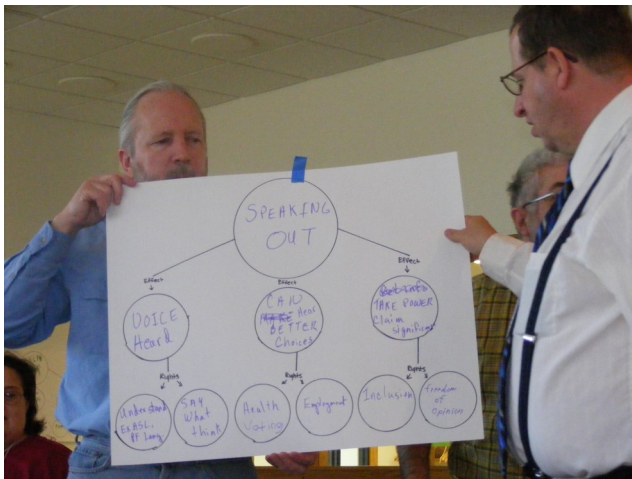


ACT'S PROGRAMS

ACT creates leaders through hands-on participatory workshops and community action projects

Get Involved Today!

- ★ Olmstead Academy
- ★ Self Advocates Minnesota (SAM)
- ★ Disability Power Day
- ★ Side-by-Side People's Chorus
- ★ Disability Equality Training Series
- ★ MN State Self-Advocacy Conference



Visit our Website www.selfadvocacy.org
Or Call (651)641-0297 to learn more

DISABILITY POWER DAY

- ★ Monthly self-advocacy celebration

THE SIDE BY SIDE PEOPLE'S CHORUS

- ★ Sing song about pride and power, make friends and eat food!



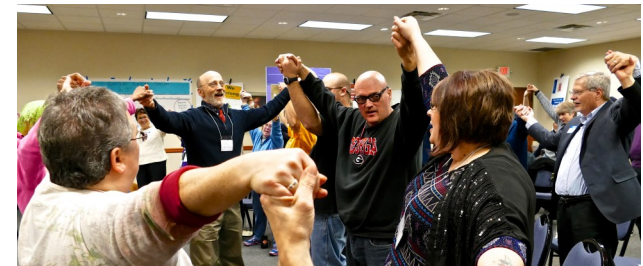
DISABILITY EQUALITY TRAINING SERIES (DETS)

- ★ Lead trainings to your own group using tested workshops

Visit our Website www.selfadvocacy.org
Or Call (651)641-0297 to learn more

ACT CENTER for DISABILITY LEADERSHIP

ON INTELLECTUAL
AND DEVELOPMENTAL
DISABILITIES



- ★ Empowering People with Disabilities to Stand Up for Themselves
- ★ Supporting People to Become Leaders in Disability Rights
- ★ Working Together to Build Better Communities

Call (651)641-0297 to learn more

WHAT DOES ACT DO?

ACT empowers people to take control over their lives by building:

- ★ **Personal Empowerment**
Assert your rights
- ★ **Disability Awareness**
challenge barriers to full inclusion
- ★ **Systems Change**
Generate action on disability issues



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SELF-ADVOCATES MINNESOTA (SAM)

A statewide network of self-advocacy groups.

Self-Advocates Minnesota (SAM)



Last year SAM groups led **120 self-advocacy training sessions**

48 self-advocates from 6 regions participated in leadership circle meetings

SAM's training sessions reached **4,123 people** across the state

Visit our Website www.selfadvocacy.org
Or Call (651)641-0297 to learn more

OLMSTEAD ACADEMY

The Academy is 12 months long, combining classroom learning with projects out in the community.



- ★ Each team learns about Disability Rights and community organizing
- ★ Projects have addressed important issues Including:

- Transportation
- Employment
- Support Services
- Housing
- Guardians

Visit our Website www.selfadvocacy.org
Or Call (651)641-0297 to learn more