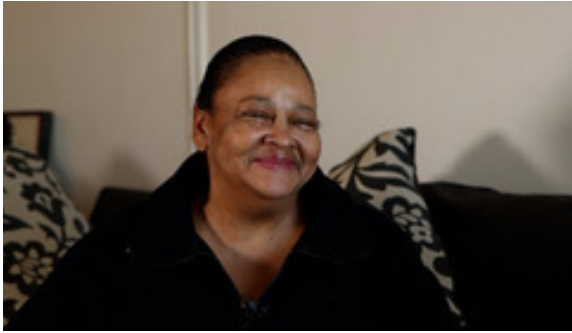




Self-Advocacy
video
SERIES
At Home

*video conversations about housing
with people with disabilities*



Cynthia from St. Paul

Cynthia was injured when she lived in Chicago.
She had a traumatic brain injury and was in a coma for three months.
Cynthia thought she would never be able to live in her own apartment.
She has been in her own apartment for two years now.
Cynthia gets around St. Paul and works as a teacher at ACT.
She never thought she would be helping other people.
Cynthia's advice: "The same thing I can do, you can do too. Just be strong."

Let's talk about it

What steps did Cynthia take to make her home what she wanted it to be?
Who supports Cynthia?
What makes Cynthia happy about having her own home?
How does Cynthia support others?
What does Cynthia do outside her home?
How does Cynthia get around in her community?