



Self-Advocacy
video
SERIES
At Home

*video conversations about housing
with people with disabilities*



Elizabeth from Plymouth

Elizabeth has lived in dormitories and a group home — she did not like it. Now she doesn't have a roommate but she can have friends over any time. Elizabeth decorates her apartment the way she wants to and she stays out as long as she wants to.

She participates in the DETS courses and the Poetry Club.

Elizabeth works at a supermarket.

She uses public transit to go to work and shopping.

From her apartment Elizabeth can see the sunset and the sunrise.

Her faith in God is important to her.

Advice from Elizabeth: "Just keep your chin up."

Let's talk about it

What steps did Elizabeth take to make her home what she wanted it to be?

Who supports Elizabeth?

What makes Elizabeth happy about having her own home?

How does Elizabeth support others?

What does Elizabeth do outside her home?

How does Elizabeth get around in her community?