



Self-Advocacy  
**video**  
**SERIES**  
*At Home*

*video conversations about housing  
with people with disabilities*



### **Karen from Princeton**

Karen's sister is guardian and helped her buy a house.

Her sister helps her with budgeting

Karen's PCA helps her get to Special Olympics.

She also helps with cleaning, grocery shopping and meal prep

Karen has strong support from her family.

She works part-time at Wal-Mart.

Karen likes diamond painting and she has a kitten. Being able to have a cat was one of her lifelong dreams.

She likes the peace and quiet in her house.

Karen says, "Just to even get to where I am now takes a village."

### **Let's talk about it**

What steps did Karen take to make her home what she wanted it to be?

Who supports Karen?

What makes Karen happy about having her own home?

How does Karen support others?

What does Karen do outside her home?

How does Karen get around in her community?