



Self-Advocacy  
**video**  
**SERIES**  
*At Home*

*video conversations about housing  
with people with disabilities*



### **Kyle from Minneapolis**

Kyle has a view of downtown from his apartment.

He loves to draw and he crochets with yarn.

Kyle also loves to cook and socialize with friends and play games.

He lived in group homes for 10 years.

When Kyle heard about this apartment and took a look.

He has support cleaning and organizing.

Kyle has an emergency alert system. He can get help by pushing a button.

He participates in a self-advocate advocacy group and a mindfulness group.

Kyle likes being able to come home and relax; he can come and go as he wants.

Kyle's advice: "You got to get a picture in your head first. Then talk with your team."

### **Let's talk about it**

What steps did Kyle take to make his home what he wanted it to be?

Who supports Kyle?

What makes Kyle happy about having his own home?

How does Kyle support others?

What does Kyle do outside his home?

How does Kyle get around in his community?